

PAUL MILTON CARTER Trainings and Seminars

FAMILY CONSTELLATION

The Continuum of Healing : Hypnosis and Trance with Family Constellations

by Dr. Paul Carter and Anja Kern

The process of Hypnosis and Trance is a deep relaxation and letting go of conscious control into a natural state of peace, unlimited possibilities, creativity, freedom and unity.

Family constellation work shows how we unconsciously take over grief, guilt and pain from our ancestors, and helps us find solutions which bring love and order to our lives.

This extraordinary seminar joins these two therapeutic approaches in a flowing way. We shall have the opportunity to deepen and to refine in trance the solution-pictures that come from the family constellations, creating a deeper level of healing integration. At the same time it is possible to take pictures and situations which emerge in trance and dreams and integrate them through family constellations.

We shall work with movement, role plays and lucid dreaming with the intention to heal our relationships with our ancestors and the people of our life today, in order to set free the love, powers, joy and creativity of everyone of us.